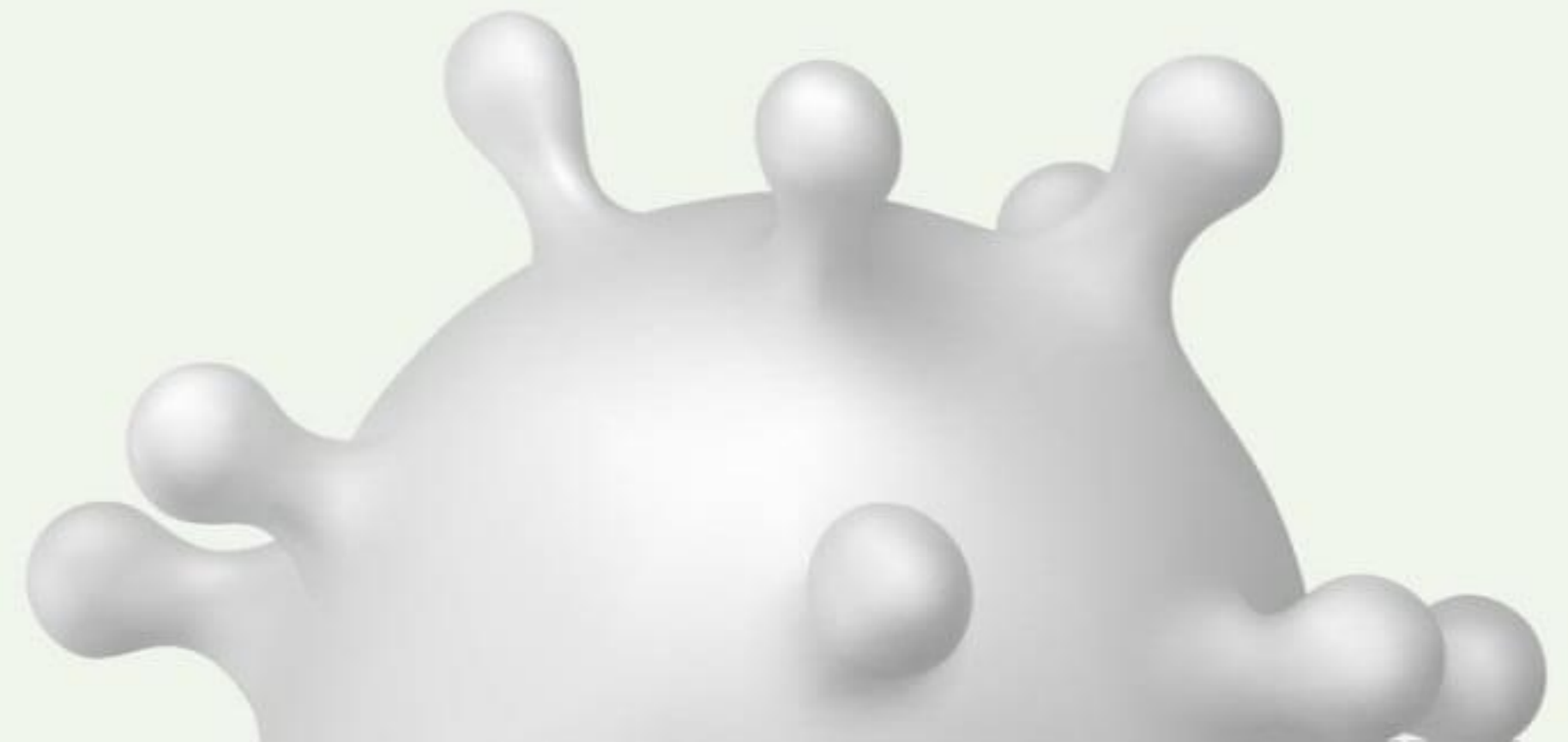




# WITH THE DELTA VARIANT HERE, WHAT SHOULD I DO?





# WITH THE VARIANT DELTA HERE, **WHAT SHOULD I DO?**

**Correctly follow the minimum public health standards**



Proper wearing of **face mask** and **face shield**



Frequent **hand-washing** or sanitizing



Physical distancing of at least **1 meter**



Ensuring proper ventilation





## WITH THE VARIANT DELTA HERE, **WHAT SHOULD I DO?**



### **Get the jab done!**

If we are eligible, let's also get vaccinated and complete the second dose as scheduled.

We also need to help our loved ones and encourage them to **get vaccinated**, especially our elderly and those with underlying medical conditions to get vaccinated as soon as possible.





## WITH THE VARIANT DELTA HERE, **WHAT SHOULD I DO?**



### **When in doubt, isolate and contact your BHERTs**

At the first signs of COVID-19 symptoms, immediately **isolate and consult** with your doctor, and / or immediately coordinate with your **Barangay Health Emergency Response Team** for assessment and proper referral.

You may also contact our partner telemedicine providers.

<http://bit.ly/FreeTelemed>





## WITH THE VARIANT DELTA HERE, **WHAT SHOULD I DO?**



### **Share information responsibly!**

We are all responsible for the kind of information we create and share with our peers and loved ones. Get and share information **only from reputable sources and organizations.**

